

ALL DAY BREAKFAST

EGGS ON TOAST / 12

2 free range eggs (P/S/F)
toasted ciabatta, plus extras:

+ egg 2 + mushroom 4
+ crispy bacon 6 + hollandaise 3
+ haloumi 5 + hashbrowns 4
+ baby spinach 4 + tomato 4

PRIMA / 14

crispy bacon, fried eggs,
pancetta, fresh tomato,
provolone, rustic ciabatta roll

SMASHED AVO / 26

seeded sourdough, smashed
avocado, cherry tomatoes,
zucchini ribbons, pickled green
tomato salsa, haloumi, lemon
wedge, evo, dukkah, poached
egg

FUNGI / 26

porcini and truffle infused swiss
brown mushrooms, toasted
ciabatta, 2 poached eggs, wild
rocket, aged balsamic, shaved
parmesan, rocket pesto

ZEEA'S OMELETTE / 24

sopressa, provolone,
mozzarella, red peppers,
spanish onion, tomato sugo,
basil, toasted ciabatta

BREAKFAST BRUSCHETTA / 24

toasted ciabatta, pepperonata,
2 poached eggs, grilled tomato,
pancetta, wild rocket, aged
balsamic, shaved parmesan

NONNA'S EGGS / 22

2 oven baked eggs, tomato
sugo, bippi chilli, basil,
pancetta, toasted ciabatta

THE BENITO / 23

2 poached eggs, sauteed baby
spinach, crispy pancetta,
hollandaise sauce, ciabatta

WAFFLES / 22

mascarpone, apricot mousse,
maple syrup

PAPI CROISSANT / 12

house made vanilla custard,
fresh strawberries, pistachio
papi

MUESLI / 18

whisk & pin berry crunch
muesli, natural yoghurt, berry
compote

FRESH FRUIT BOWL / 16

seasonal fruit, yoghurt, honey,
berry compote

STARTERS

BURRATA / 15

creamy soft mozzarella,
zucchini ribbons, semi dried
tomato, evo, toasted
pepitas, toasted ciabatta

POLPETTE / 10

veal and chicken meatballs,
tomato sugo, fresh basil,
shaved parmesan (3 per serve)

ARANCINI / 10

pumpkin and sage risotto balls,
aioli, shaved parmesan
(3 per serve)

MAINS

PENNE TORINO / 23

chicken fillet, roasted
capsicum, broccoli, garlic,
bippi chilli honey, cherry
tomatoes

PENNE VODKA / 26

king prawns, spring onions,
basil, vodka rose sauce

BARRAMUNDI / 27

lemon pepper grilled
barramundi, avocado,
smashed cauliflower,
sesame seeds, cherry
tomatoes, chilli

POLLO ZUCCA / 23

grilled chicken breast, roast
pumpkin, hummus, fetta,
sun dried tomato, crispy kale,
toasted pepitas

BISTECCA / 25

scotch fillet, provolone,
pepperonata, in a rustic
ciabatta roll, thick cut potato
chips

SIDES

GARLIC BREAD (3 SLICES) / \$10

BOWL OF POTATO CHIPS / \$10

ZEPPOLE

HOUSE MADE TRADITIONAL ITALIAN ZEPPOLE

SUGAR COATED / 5.5

PISTACHIO PAPI & MASCARPONE / 10

NUTELLA & MASCARPONE / 9

HAND HELDS

ALL SERVED ON 24 HOUR SLOW FERMENTED CIABATTA FRESH OR TOASTED

POLLO PARMIGIANA / 17

chicken breast cotoletta,
tomato sugo, basil, mozzarella

POLLO SOFIA / 17

grilled chicken, avocado,
tomato, cos, mozzarella,
tomato relish, evo

MORTADELLA / 17

mortadella, burrata, wild rocket,
crushed pistachios, bippi chilli
honey

TONNO / 16

sirena tuna, mozzarella,
spanish onion, fresh tomatoes,
artichoke cream

VERDE / 16

hummus, avocado, zucchini
ribbons, baby spinach, semi
dried tomatoes, pumpkin

SOPRESSA / 18

artichoke cream, sopressa,
mozzarella, bippi chilli honey

TOSCANA / 18

smoked turkey, truffled
mushrooms, baby spinach,
shaved parmesan

PORCHETTA / 16

house made pickled fennel,
italian roasted porchetta, fresh
tomato, basil pesto

SALADS

CAESAR / 16

cos lettuce, croutons, crispy
pancetta, poached egg,
shaved parmesan, house made
caesar dressing
add grilled chicken 5

MEDITERRANEAN / 13

baby spinach, cos, iceberg,
tomato, cucumber, fetta,
spanish onion, red wine
vinegar

ASPARAGUS / 22

grilled chicken, asparagus,
cherry tomatoes, haloumi, cos,
basil, aged balsamic, toasted
almonds

**MOST MEALS CAN BE MADE
GLUTEN FREE AT NO EXTRA CHARGE
PLEASE ASK OUR FRIENDLY TEAM**

COFFEE

ESPRESSO / 4.2
MACCHIATO / 4.6
PICCOLO / 4.6

CAPPUCCINO / LATTE / FLAT WHITE /
LONG BLACK / HOT CHOCOLATE /
CHAI LATTE / ICED LATTE / ICED
LONG BLACK

DINE IN

CUP / 6 MUG / 6.5

TAKEAWAY

S / 6 M / 6.5 L / 7

ALTERNATIVE MILKS + 50c
almond, oat, lactose free, soy,
coconut, macadamia

TEA

TEA TONIC LOOSE LEAF TEA
AUSTRALIA'S HEALTHIEST
ORGANIC TEA

POT FOR ONE / 5.5

ENGLISH BREAKFAST

FRENCH EARL GREY

GREEN TEA

CHAI TEA

PEPPERMINT

CHAMOMILE

APPLE TREE

COCONUT

FIZZY DRINKS

SOFT DRINKS / 5.5
coca-cola, coca-cola no sugar,
fanta, sprite

FAMOUS SUGAR FREE SODAS / 6
pink lemonade, passionfruit,
blood orange, lemon,
ginger beer

SPARKLING WATER

S / 5.5 L / 6.5

COLD PRESSED FRESH JUICE

SINGLE FLAVOUR JUICE / 7

ORANGE

PINEAPPLE

WATERMELON

APPLE

TROPICALE / 10
strawberry, pineapple,
watermelon

REFRESH / 10
orange, apple, carrot, ginger,
lemon

GREEN LEMONADE / 10
apple, cucumber, kale, spinach,
lemon

PINE LIME / 10
pineapple, cucumber, lime

ALOHA / 10
watermelon, pineapple, lime

**FOR CUSTOMISED JUICES, PLEASE
ASK OUR FRIENDLY TEAM!**

FRAPPES & SHAKES

S / 6 L / 9

CHOOSE YOUR FLAVOUR:

CHOCOLATE

BANANA

CARAMEL

VANILLA

STRAWBERRY

LIME

COFFEE

MOCHA

MAKE IT A THICKSHAKE + 1

ICED DRINKS

ICED COFFEE / 10
vanilla gelato, double espresso,
vanilla syrup, tweedvale full
cream milk

ICED CHOCOLATE / 10
vanilla gelato, chocolate
powder, chocolate sauce,
tweedvale full cream milk

SMOOTHIES

MANGO & BANANA / 12
mango, banana, vanilla gelato, natural yoghurt, honey, your choice of
milk

BERRY NICE / 12
mixed berries, banana, natural yoghurt, honey, your choice of milk

PEANUT BUTTER / 12
banana, natural peanut butter, vanilla protein powder, maple syrup,
your choice of milk

HAZELNUT DELIGHT / 12
nutella, vanilla protein powder, banana, vanilla gelato, your choice of
milk

ALTERNATIVE MILKS

+50c

ALMOND

LACTOSE FREE

COCONUT

OAT

SOY

MACADAMIA

PLEASE ASK OUR TEAM FOR OUR WINE AND BEER LIST

KIDS MENU

**ALL ZEEA'S KIDS MEALS ARE
SERVED WITH A FRESHLY SQUEEZED
SMALL ORANGE JUICE**

MINI MUESLI BOWL / 10

whisk & pin berry crunch muesli, with natural yoghurt and berry compote

KIDS WAFFLES / 10

waffles with berry compote and maple syrup

HAM & CHEESE CROISSANT / 7

CUSTARD & STRAWBERRY CROISSANT / 7

KIDS PENNE NAP / 10

penne pasta in tomato sugo

CHICKEN & CHIPS / 10

chicken schnitzel strips with potato chips

MEATBALLS / 10

veal and chicken meatballs with tomato sugo

